



Act 4 AFRICA
CHANGING 5 MILLION LIVES

**OUR
IMPACT
2013**

EVERY 13 SECONDS

someone in Africa is
diagnosed with HIV

7,000,000

women in Africa are living with
HIV

5,000,000

young people aged
15- 24 in Africa living with HIV
(UNICEF 2010)

£2,500,000,000

per year spent by W.H.O. on
treating HIV/AIDS which is 10%
of the health budget



CHANGING 5 MILLION LIVES – STEP BY STEP

Act4Africa is a UK-registered charity with over 12 years' experience of delivering HIV and gender equality education in East and Southern Africa.

Our vision is to deliver sustainable education to young Africans enabling them to avoid infection and exercise their sexual and human rights, contributing to the reduction of poverty and a better quality of life.

To date we have delivered educational programmes **to over 1.25 million beneficiaries** in Africa through support from the Big Lottery Fund, USAID, our regular donors and trading activity.

Martin Smedley
Chief Executive

“What we do in life echoes in eternity” **GLADIATOR**

HELPING YOUNG AFRICANS BOTH IN HOSPITALS & IN THE COMMUNITY

HIV PREVENTION EDUCATION

We deliver educational sessions to ensure that men, women and young people have comprehensive and accurate knowledge of HIV – including modes of transmission, prevention and treatment. The use of Theatre for Development is integral to the delivery of our health and gender equality education. It serves as a tool to share key messages, challenge cultural norms and enable young Africans to express themselves.

DELIVERY OF HEALTH SERVICES

HIV is often unwillingly spread due to men and women being unaware that they are infected. Act4Africa delivers HIV testing facilities, which are mobile, reach geographically isolated areas and reach socially and economically excluded individuals. We also help health service providers improve ante natal/maternal health for young mothers.

MEDICAL ELECTIVES

Act4Africa provides individually tailored Medical Elective opportunities in Uganda and Tanzania for medical students, health professionals and nurses. Electives are hosted in hospitals and community clinics.

GENDER EQUALITY EDUCATION

We deliver comprehensive gender equality education and training sessions to adolescent girls and boys and men and women aged 15 – 49 years. An imbalance in gender relationships is recognised as one of the driving factors of persistently high HIV infection rates. This gender injustice denies these girls their human rights and prevents their respective nations from benefitting from the invaluable economic and social contribution that young women can bring.

STIGMA REDUCTION

Stigma barriers prevent effective treatment and contribute to the spread of HIV/AIDS. At Act4Africa we deliver workshops discussing HIV issues, encouraging HIV positive individuals to speak up and share their experiences and provide support and counselling to HIV positive people.



WHERE WE WORK

We have two geographical areas of focus:
East Africa and Southern Africa.

Specifically we work in:



UGANDA



MALAWI



TANZANIA



ACT4AFRICA UGANDA

7.2%

of Uganda's population is living with HIV (*UNAIDS, 2012*), equating to 1.2 million people

7.9%

prevalence rates for youth (*UNAIDS, 2013*)

145,000

new HIV/infections per year (*Daily Monitor, 2013*)

85%

of young Ugandan women never finish their secondary education

(*Girl Effect 2011*).

Women have little job security. This leaves women vulnerable, with an increased likelihood of falling into poverty

(*UHNS, 2010/2011*)



ACT4AFRICA UGANDA: OUR IMPACT

Through generous support from Big Lottery Fund, USAID, and JSG Charitable Foundation major achievements include:

HIV PREVENTION EDUCATION

- 17% increase in boys and girls, men and women reporting enhanced awareness and knowledge of condom use in Kasese
- Delivered HIV Prevention Education to 7,800 beneficiaries in Kasese
- Jinja STRIDES...

STIGMA REDUCTION

- 36% increase of men and women, boys and girls expressing positive attitudes towards people living with HIV and people with disabilities living with HIV through care and acceptance.

DELIVERY HEALTH SERVICES, HCT

- 8% increase of HCT referrals to health centres

Our rigorous monitoring systems track priority information about projects and intended outcomes. It includes monitoring of inputs and outputs through record-keeping and regular reporting systems as well as health facility observation and client surveys. The monitoring system is based on a comprehensive set of quantitative and qualitative indicators relevant to the attainment of each of the outcomes – which are linked to relevant and specific sets of activities.

PROVIDING BRIGHTER FUTURES FOR UGANDAN GIRLS



33%

of girls in the developing world are married before the age of 18

UNICEF 2010

22%

increase of women and girls showing ability to negotiate safe sex in Kasese, Uganda

100

female students trained as peer educators to deliver gender equality education in schools



GIRL EFFECT BENEFICIARIES

We have so far trained over 180 beneficiaries through the Girl Effect gender programme. Here is what some of the beneficiaries have to say:



“Through the Girl Effect gender workshop I have got a chance to recall more about HIV/AIDS and not to isolate those who have the virus.”

NAMISI FLAVIA, JINJA



“I have learnt a lot, about domestic violence, stigma in society, protecting about HIV/AIDS and other risks.”

MERCY ABER, JINJA.

ACT4AFRICA MALAWI

10%

of the population is living
with HIV

(UNAIDS, 2011)

63%

of youth uninformed about
HIV/AIDS risks

(UNAIDS, 2013)

ONLY 20%

of population regularly
tested for HIV

(UNAIDS, 2013)



ACT4AFRICA MALAWI: OUR IMPACT

Through support from Greenbelt Trust, The Souter Charitable Trust and the Allan and Nesta Ferguson Charitable Foundation:

20,000

community members
trained in HIV knowledge
and Gender Equality

165 TRAINERS

trained in HIV knowledge
and Gender Equality



ACT4AFRICA TANZANIA

7.8%

of the population is living with HIV. That's Equivalent to 2.74 million of the population

(WHO, 2012)

10.2%

of the female population is living with HIV

(Tanzania Commission for AIDS 2012)

ONLY 47%

of the male population has been tested for HIV

(Tanzania Commission for AIDS 2012)



ACT4AFRICA TANZANIA: OUR IMPACT

Through support from the Eleanor Rathbone Foundation

1,603

young people
have been
trained in HIV
knowledge
and Gender
Equality



MAKING A DIFFERENCE BY GETTING INVOLVED

1,256+

hours contributed
to Act4Africa UK by
volunteers

MEDICAL ELECTIVES

10

medical elective students took part
in hospital based and community
health programmes in Uganda.
Students provided active medical
support and care to the under
resourced services.



"I felt completely welcomed into Uganda, allowing me to immerse myself in the Ugandan culture. My time in Jinja gave me the skills and knowledge that will change the way I look at healthcare for the rest of my career."

REBECCA, MANCHESTER UNIVERSITY MEDICAL SCHOOL

OTHER FACTS & STATS

90%

of medical students rated
Act4Africa electives good or
excellent

OVER 1,000

followers on Twitter



PLANNING FOR FUTURE IMPACT

In 2013 we delivered more activities and services to and for the people in sub Saharan Africa living in poverty without access to adequate health services. We are proud of this achievement but equally we know that it is not how much we do but the impact of what we do that matters. The project outcomes of 2012/2013 have brought to attention a number of key issues moving forward, particularly the impact of youth development and the importance of community youth in delivering our project outcomes. In 2014 we will be intensifying our efforts in all of these areas:

- Further emphasis will be placed upon the peer educators as an integral part of Act4Africa's project delivery
 - Increasing our focus on stigma reduction
 - Recruiting another 15 medical students for our regions of operation, including Tanzania.
 - Expanding the electives programme to include 'pre-med' gap year students with an interest in medicine
 - Growing our supporter base
 - Our ultimate goal: To change 5 million lives
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ACKNOWLEDGEMENTS

We would like to thank the following for their important contributions in 2012/13:

OUR ANGELS

The size of our membership places us in a better position to campaign and influence decision-makers. Thank you to everyone who has joined Act4Africa, or renewed their membership with us, in 2012/13.

OUR VOLUNTEERS AND VOLUNTARY GROUPS

Our volunteers bring skills, experience, energy, enthusiasm and commitment to Act4Africa and our voluntary groups are integral to our work. We wish to thank them for everything they do.

THOSE WHO REMEMBERED ACT4AFRICA IN THEIR WILL

The generosity of all those people who remembered Act4Africa in their will is deeply appreciated. Legacies are very important in enabling us to carry out our vital work in education and care.

OUR CORPORATE PARTNERS AND MAJOR DONORS

The support of our corporate partners and major donors including charitable trusts and foundations remains crucial to our success as a charity. We value their generosity and would like to thank them all for their important contributions including:

Anchor Foundation

Big Lottery Fund

Greenbelt Trust

JSG Charitable Foundation

Mr Kite Benefits

PMA International

And of course, all Act4Africa staff.

Our impact report 2013 is also available at www.act4africa.org

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